

## INTEGRATIVE APPROACH TO SPIRITUAL AND PROFESSIONAL EDUCATION AND ITS FEATURES

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**Abstract.** The article scientifically analyzes the integrative approach to independent spiritual and professional education and its specificity. "Integration" refers to a systematic approach that aims to restore, interconnect, replenish, and improve. In pedagogy, the "system" is studied as a holistic, objective form of the whole. Accordingly, "integration" acts as a mechanism that unites parts, parts, leading to integrity.

**Keywords:** spiritual and professional activity, education, integrative approach, system, integration, mechanism, perfect person, pedagogical research

The problem of a harmonious personality, that is, the comprehensive development of a personality, a perfect person, was the subject of pedagogical research. Accordingly, in the system of continuous education, the educational process is complementary and improving. "Education is inseparable from upbringing, and upbringing is inseparable from education — this is the Eastern view, the Eastern philosophy of life" [1, p.62].

Studies have shown that it is impossible to educate a comprehensively developed person without glorifying goodness and kindness, understanding national self-consciousness and a sense of beauty [2, p.560; 3, 223-b. ].

This must be kept in mind, especially in the current conditions of intense and uncompromising ideological struggle around the world to win the consciousness, thinking and worldview of students and youth. Because not to be able to love the Motherland, to renounce national values, to look at the national life as a relic of the past, to be blindly ashamed.

Since any system (system) consists of a structure, the means that strengthens this structure and gives it stability is integration.

This means that in the process of integration, an organic connection, integrity, synthesis is provided. As a result, the content of education and upbringing will be further improved. New research is expected based on innovative technologies specific to the integration process [5, p. 143].

Modern students, as future professionals, show examples of social activity, the desire to work without indifference, dependence, create innovative technologies, and acquire deep knowledge. Young people are being formed who are fluent in foreign languages, able to use the possibilities of information technology, creative, talented, worldview. The social, spiritual and professional thinking of young people is difficult to describe in the spirit of the times. The development of science and technology, the diversity of lifestyles have an impact on the educational environment. Due to the high requirements of the operational period, an important task for the student is to observe democratic principles in the spiritual and professional education of the individual.

In this context, as the President of the Republic of Uzbekistan Shavkat Mirziyoyev noted, it is expedient to fight "From national revival to national progress".

An integrated approach to the spiritual and professional education of a student is based on the formation of a harmoniously developed personality, the pedagogical essence of life in the pursuit of excellence. Scientific sources on this issue received their first expression in the Avesta, one of the oldest written monuments. It is shown that it is possible to acquire knowledge, to be enlightened, to study human qualities, to work, to be spiritually and morally mature, to develop spiritually, mentally and physically on the basis of self-education [7, p. 3-107].

The question of spiritual and professional maturity on the basis of scientific works aimed at the formation of a harmonious personality, the role of self-education in achieving it in the hadiths of Imam Ismail al-Bukhari [2, p. 560], in the views of Abu Nasr al-Farabi [3, p. 223] , Mahmud considered al-Zamakhshari in subtle terms [9, p. 80].

The invaluable sources created by them show that the upbringing of noble people is the centuries-old dream of our ancestors. Abu Nasr al-Farabi said: "If a person achieves goodness, beauty, nobility and glory not through other people, but through what exists between him and his soul, then he (the person) will achieve goodness and perfection. Even if no one but himself feels this, his soul will be glorious and noble, and he will be very happy that he has achieved these qualities" [3, p.52]. It is easy to see that the content of these thoughts of the scientist provides for the mutual integration of pedagogical and psychological sciences.

While the goodness, beauty, nobility and greatness of a person express his humanity, his peace of mind expresses his inner reflection. Human behavior is inextricably linked with his psyche. The spirit that ensures efficiency stems from his beauty, good manners and benevolence. Mental health is closely related to the spiritual and professional education of a person.

The scholar Ibn Sina said: "A hero from the people is not afraid of trouble. The one who refuses to grow up is the most cowardly of people." In this process, the existence of the laws of spiritual and physical harmony is clearly manifested. The fact that spiritual and physical integration provides a person with fearlessness, courage and courage means that he strives for perfection.

Caykovus said to his son: "On the journey, you will enjoy the horse for a thousand years. Thousands of horses in the city, in the countryside, in the countryside, in the city, in the city, in the city, in the city, in the city, in the city, in the city, in the city, in the city. If you go to work, don't ride a horse in vain, it's childish to ride a horse in vain," he said. In the context of this idea, integration takes place that ensures the harmony of upbringing, self-education and professional education.

Research shows that the positive process is characterized by the level and period of creative activity. The integrative process, specific to a particular space and time, plays an important role in the upbringing of a personality, depending on its psychological characteristics, the pedagogical relevance of the problem being solved, and clear goal-setting.

Notable experimental observations and pedagogical analysis have shown that the integration of pedagogy, psychology, philosophy and physical culture, including valueology, in the integration of the spiritual and professional education of the student is not limited to teaching the student to perform the relevant tasks and receive appropriate grades, but also to develop their own creative abilities and worldview, analyze events from an unusual, innovative and technological point of view based on independent thinking, analyze specific conflicts, find ways to resolve them.

- In the educational process, it became clear that the problem of an integrated approach to the spiritual and professional education of a student is complex and multifaceted. Thus, the main task of teachers in solving this problem is to establish methods, techniques, forms and means of organizing the main activities of students with an integrated approach to the content of education.
- During the accent experiment, it was found that in the direction of solving the problem, the following should be taken into account:
  - take into account mutually integrating approaches in the content of work programs developed on the basis of standard programs in pedagogy and valueology (especially at seminars, practical classes);
  - Taking into account the solution of integrative problems in the development of meaningful training modules (including macro- and micromodules), independent work, thesis and master's thesis;
  - Establishment of interagency cooperation in the performance of all types of tasks;
  - determination of the place of professional and pedagogical activity in the taught integrative disciplines;
  - involve students in the implementation of integrative research tasks by exploring their interests, desires and abilities;
  - In this process, the effective use of the opportunities and potential of students in the preparation of scientific laboratories, scientific and practical circles and grant projects at the departments, the development of long-term plans and cooperation programs;
  - to support the student's social activity in acquiring theoretical and practical knowledge, skills and abilities;
- improvement of the spiritual outlook and potential formed on the basis of professional self-education;

- Consistent development of school teacher-student traditions;
- In particular, the development of introspection, a demanding and critical attitude to one's work, the desire to solve emerging educational and professional problems, to give appropriate pedagogical recommendations when monitoring training; development of the student's analytical and logical thinking aimed at solving integrative problems with a consistent and systematic approach to the process.

It is known that on the basis of the development of science, engineering and technology, new productive sciences arise. Also integrative are the disciplines "Pedagogical psychology", "Family pedagogy and psychology", "Pedagogy", "Pedagogical technology", "Medical pedagogy", including "Valeology".

The rapid development of the period and a number of studies [10, p. 95-96] require the study of broad integrative knowledge in the system of continuous education, limiting the acquisition of narrowly professional knowledge to pedagogical science. The formation of new professional skills in a future specialist requires the manifestation of certain abilities. In particular, the introduction of modern pedagogical technologies (PTA) into the educational process requires a specialist to correctly build the educational process, set clear goals, advance knowledge of work efficiency and the presence of certain creative abilities. This process requires certain spiritual and professional qualities.

In the course of the study, we focused on the formation of social protection based on mutual consultations, in turn, social activity in the context of an integrative approach to spiritual and professional education. Interpersonal relationships, such as mutual understanding, trusting communication, similarity of views on the object, cooperation in solving problems, common worldview, benevolent attitude, mutual assistance, compassion have led to the formation of unique spiritual and professional qualities in innovative technologies [11, p. 75-79].

**In conclusion**, we can say that the observations made in the hostel showed that, in accordance with the internal routine, the student is engaged in physical education and health activities (football, volleyball, table tennis, chess, checkers, etc.), various circles, especially in the form rest, effective use of the time budget, night rest (relaxation) based on a clear schedule, that is, light auto-training exercises that provide a certain calmness, serenity and peace before going to bed, lead to restful sleep.

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