

DESCRIPTION OF THE METHODOLOGICAL SIGNIFICANCE OF ACCULTURATION STRATEGIES.

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Annotasiya

Acculturation is the process of changing the material culture, customs, and beliefs that result from the direct interaction and interaction of different socio-cultural systems. Acculturation is based on communicative processes. Just as ethnic minorities acquire their cultural characteristics as a result of their interactions with one another, ethnic minorities also learn about new cultural contexts and acquire new skills through communication..

Keyword

Cultural shock, culture, cult, knowledge, belief, art, ethics, laws, customs, as well as personality, upbringing, enlightenment, intellect, education.

“Therefore, the acculturation process can be seen as the acquisition of communicative skills for a new culture. With years of communication, people learn what they need in a new environment.” Based on more than half a century of research into the process of adaptation that accompanies the transition to another culture, it has been argued that migration inevitably leads to psychological and social problems. However, there is no denying that the migration process itself can be a risk factor, but the idea that its consequences can vary is a matter of debate.

In this context, the study of intercultural adaptation is of great importance. Ethnocultural adaptation should also be considered as "a complex, multifaceted, and multidisciplinary process of getting acquainted with, adapting to, and adapting to new conditions."

According to Lobas, one of the challenges in ethnocultural adaptation is the "stressful effects of a new culture" that children face in a foreign language environment. The first obvious fact that causes stress in this situation is the new language. In cross-cultural psychology, the term "cultural shock" refers to the state of psychological stagnation that occurs in an individual as he or she learns something new from a culture he or she is unfamiliar with. A cultural shock is a shock to the news, a shock to an unfamiliar and new event. The cultural shock hypothesis is based in part on the unpleasantness or surprise of a new cultural experience that is unexpected and can lead to a negative assessment of one's own culture.

Cultural shock is formed when there is a cultural distance between different nationalities in a secondary school. According to Shaposhnikova, it is long-lasting and can be expressed up or down the curve.

Recent research on different groups of migrants and migrants has shown that some foreigners are very adaptable, while others face many difficulties in the process. Psychological, social, and cultural factors are known to influence resettlement outcomes. Taking the right measures to deal with the negative effects of these factors will help to influence the positive outcome of adaptation. The concept of "acculturation" is a cultural change that occurs in the process of constant direct contact between two different cultural groups (Redfield R., Linton R., Herskovits M.). If this phenomenon was originally understood as a group-level phenomenon, it is now widely recognized as an individual-level phenomenon and is defined by the concept of psychological acculturation (Graves T). At this stage of acculturation, the cultural group considers the psychological changes of the person who is experiencing the phenomenon of acculturation together. It should be noted that although the changes in both groups are within the definition, most of these changes occur in the non-dominant group as a result of the influence of the dominant group (in this case, the host community).

The following changes may occur in group-level acculturation:

1. Physical changes: new habitat, other types of farming, population density, urbanization, increased air pollution, etc. They are all about acculturation.

2. Biological changes: new eating habits, unknown diseases (often very harmful to the body). This is also related to acculturation.

3. Political changes also take place, during which non-dominant groups lose control and lose some of their autonomy.

4. Economic change is moving people away from traditional occupations and into new forms of labor.

5. Cultural change: differences in linguistic, religious, educational and technical frameworks, including group and interpersonal relationships.

There are two main aspects of acculturation that take place at the individual level. The first is that many psychological changes take place in the individual. There is a lot of emphasis in the scientific literature on the effects of the acculturation process on changes in personality: values, attitudes, abilities, and motives. These changes are called behavioral changes. For example, existing identities and relationships change and new ones develop: personal identities and ethnic identities often deviate from the original; there are also concerns about the level of participation in the acculturation process (if any); other relationships (such as group relationships and life preferences) also change and evolve during acculturation.

Behavioral shifts and the emergence and spread of acculturation stress are caused by a number of characteristics that lead people to the acculturation field and other events that occur during the acculturation process.

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