

**STUDY OF THE REQUIREMENTS FOR THE CLOTHES OF
KINDERGARTEN TEACHERS**

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Abstract

The increasing complexity of educational tasks gives special importance to the study of the role of image and clothing as one of the professionally important qualities of a modern teacher, educator. The modern conditions in which we live and work are fundamentally different from what they were before. And in the new conditions, we should behave and live differently, in proportion to other models of behavior of kindergarten teachers.

Keywords: educator, image, jewelry, clothes, shoes, hairstyle, makeup, professional, fundamentally, model.

Educator is not only a profession, it is a vocation that not every person is marked by, this vocation must be earned, earned with their work, their talent, their desire to constantly change, transform, improve.

In this regard, professional flexibility, the ability to adapt to social changes, and readiness to successfully solve professional tasks in new conditions are of particular importance for a teacher. The increasing complexity of educational tasks gives special importance to the study of the role of image as one of the professionally important qualities of a modern teacher, educator. The modern conditions in which we live and work are fundamentally different from what they were before. And in the new conditions, we should behave and live differently, in proportion to other patterns of behavior.

Image – what is it? Science and art?

Often, imageology is reduced to advice about the color of a tie and socks. This is the wrong approach, because without a common strategy, none of the proposed tips makes sense, because taking care of the beauty of the teacher you need to start with the heart and soul, otherwise no cosmetics will help.

It should always be remembered that children learn from adults, and above all from their favorite educators and caring "nannies" to dress properly. One of the

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main rules is manifested in the manner of dressing: to look beautiful means to show respect for the people around you. The kindergarten has its own specifics of clothing and footwear, which is prescribed in the job description and in the safety regulations.

There is such a saying – "A person is met by clothes, and escorted by the mind." The external component of the image is facial expressions, gestures, timbre and strength of voice, clothes, manners, gait.

A person's culture is primarily emphasized by his clothes. Tasteful clothes and neat appearance make a person confident, collected, energetic and, in the end, more attractive to others.

Recommendations for the appearance of the educator:

The style of clothing is classic, a somewhat conservative look is preferable to ultra-fashionable clothes. The appearance of the educator should be elegant, neat, clean, neat. He should inspire respect, inspire trust. Clothes should be comfortable, but not contradict the generally accepted norms of decency. Not desirable: lush dresses with frills and lace.

The color of the clothes. The educator can adjust his image, improve it by changing his colors in clothes. It is generally accepted that black, white and gray colors raise the status of a person in the eyes of others. A bright color scheme attracts the attention of children, which is a positive factor in working with younger children. And for older children, it is better to choose pastel, calm colors. The right choice of the color scheme of the educator's clothes can help to find mutual understanding with children and work colleagues. The preferred colors for business clothes are gray, black, brown, beige, dark blue, maroon. Blouses and shirts can be soft pastel colors. Sequins, lurex, leather, artificial materials should be avoided.

Practice has shown that in groups where educators dress brightly, express themselves emotionally, the adaptation of children is reduced at times.

Let's try to predict what educational tasks the educator can solve only through his image:

Large beads or a bright flower on a blouse will gather, concentrate and activate the involuntary attention of children. Children develop an interest in the examination and a desire to communicate.

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Bright red colors in the teacher's clothes increase the speed of mental operations in a child, and purple and blue – give rise to doubt, self-doubt.

The predominance of black in clothes is not desirable for the educator, since dark colors encourage concentration, activation of arbitrariness, and the child is not neurophysiologically ready for this. Children experience internal tension and quickly get tired, become distracted, hyperactivity and aggression may manifest. White and very light tones of clothing cause the child some distraction, confusion, waiting for instructions, instructions, contribute to a decrease in the initiative of independence.

Shiny, sparkling elements in clothes cause delight, admiration, trust in the child, attract the child to the educator. The child's mood improves, he experiences a state of joy. In such clothes, it is easy for the educator to win over the child, to gain trust and control his actions, to achieve obedience and recognition.

Currently, there are many studies and methods in psychology that confirm the influence of color and shape on the human psyche, and, undoubtedly, they should be taken into account when organizing the psychological and pedagogical space of a kindergarten.

Decorating. There should be a minimum amount of jewelry in the teacher's outfit. They should be soft, discreet, thin rings made of precious metal, small earrings.

Hairstyle makeup. They should give the impression of a well-groomed woman. It is better to look as natural as possible. Make-up and manicure should be chosen in restrained neutral tones. The hairstyle should be quite strict, about the hair color – natural.

Shoes must comply with safety regulations, classic shape. Walking in flip-flops and high heels is not allowed.

A well-chosen wardrobe contributes to a favorable impression of the appearance of teachers on others. It will favorably emphasize his professional and personal qualities.

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