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DUDUQLANISH NUTQ NUQSONINING ILMIY ASOSLARI

Mirboboyeva Nodiraxon Soliyevna
QDPI Maxsus pedagogika kafedrasi o'qituvchisi

Raimjanova Nafosatxon Uraimjon qizi
Oligofrenopedagogika yo'nalishi
4 - kurs 406-guruh talabasi

Annatatsiya
Ushbu maqolada duduqlanish nutq nuqsonining ilmiy asoslari va duduqlanish nutq nuqsonini o'rgangan olimlar va ularning ilmiy -tadqiqot ishlari yoritilgan.

Kalit so'zlar: duduqlanish, fiziologik, ilmiy asos, muskul, pallidar sindromli, harakatchan, jonsarak, spazmatik qisqarish

Duduqlanish – bu nutq apparati muskullarining tortishish natijasida nutqning sur'at-ohangining buzilishidir. Duduqlanish muammosini nutq buzilishlari haqidagi ta'limotning rivojlanishi tarixida eng qadimiylaridan biri deb hisoblash mumkin. Uning mohiyatini turlicha talqin qilish fanning rivojlanishi va mualliflarning bunday nutq buzilishlariga qanday nuqtai nazardan yondashganliklari va yondashayotganligi darajasi bilan bog'liqdir.
XVII-XVIII asrlar arafasida duduqlanishni tashqi nutq apparatining etilmaganligi oqibati sifatida talqin etishga o'rinishgandi. Masalan, Santorimining ta'kidlashicha, duduqlanish qattiq tanglayning yorilgan paytida vujudga keladi va go'yo shu yoriq orqali tilga suyuqlik tushadi hamda nutqni qiyinlashtiradi. Vutser esa buni pastki jag'ning noto'g'ri chuqurlashuvi va unda kichik tilcha borligi bilan; Erve-de-SHeguan – til uzunligi va og'iz bo'shlig'ining hajmi orasidagi o'zaro munosabat yoki uning kalta yuganchaga nihoyatda zich yopishib turishi bilan bog'liq holda tushuntirdi.
Boshqa tadqiqotchilar duduqlanishni nutq a'zolari harakatlarining buzulishi: ovoz kovagining g'ayriixtiyoriy yopilishi (Arnot, SHulьtess); haddan tashqari tez nafas chiqarish (Bekkeralь); muskullarning tilni og'iz bo'shlig'ida ushlab qoladigan darajada spazmatik qisqarishi (Itar, Li, Diffenbax); tafakkur va nutq jarayonining nomuvofiqligi (Blyume); kishi irodasining nutq harakati mexanizmi muskullari

kuchiga ta'sir etadigan darajada mukammal emasligi (Merkelь) va boshqalar bilan bog'laydilar.
Qadimgi davrlarda duduqlanishni qo'proq bosh miyada namlikning to'planib qolishi (Gippokrat) yoki artikulyasion apparat qismlarining o'zaro noto'g'ri munosabati (Aristotelь) bilan bog'liq holdagi kasallik deb qarashgan. Duduqlanish paytida nutq apparatining markaziy yoki periferik (sirtqi) bo'limlarida buzilish bo'lish mumkinligini Galen, Selьs va Ibn Sino e'tirof etdilar. A.Allister duduqlanuvchi kishilarni etiologik alomatlariga ko'ra, buzilishning tibbiy ko'rinishini hisobga olib 4 guruhga ajratdi:
1). Nutqda ishtirok etadigan a'zolar tuzilishi yoki funksiyalaridagi anomaliyalar bilan birga sodir bo'ladigan duduqlanish; 2) chapaqaylik bilan bog'liq holdagi duduqlanish; 3) taqlid bo'yicha duduqlanish; 4) his-hayajonli beqarorlik va buzilishlar: logofobik, noto'kislikni his etish va boshqalar bilan birga kechadigan duduqlanish. F. Desujev, YU. Berendes ham duduqlanishni etiologik alomatlariga ko'ra tasnifladilar.
Rossiyada ko'pchilik tadqiqotchilar duduqlanishni nutq sohasidagi funksional buzilish, nutq nevrozi (I.A.Sikorskiy, 1889; I.K.Xmelevskiy, 1897; E.Anders, 1894 va boshqalar) deb qaradilar yoki uni nutq apparatidagi g'ayriixtiyoriy harakatda ifodalanadigan sof ruhiy xastalik deb (Xr. Laguzen, 1883; G.R.Netkachev, 1909, 1913), psixoz deb (Gr. Kamenka, 1900) belgiladilar.
XX asr boshlariga kelib duduqlanish mexanizmlari haqidagi barcha tushunchalarni uchta nazariy yo'nalishga ajratish mumkin:
1) Duduqlanish nutq markazlarini muvofiqlashtiruvchi apparatning qo'zg'aluvchanligi zaiflashuvi oqibatida sodir bo'ladigan koordinasion nevrozdir. Bu G.Gutsman, I.A.Kussmaulning, keyinchalik I.L.Sikorskiyning ular duduqlanishni nevrotizm jarayoni: duduqlanish, bu – pay tortishiga o'xshash spazmalardir, deb tushuntirishdi.
2) Duduqlanish – ruhiy harakterdagi assosiativ buzilishidir. Bu yo'nalish T.Gefner va E.Freshelьs tomonidan olg'a surilgan. A.Libmann, G.D.Netkachyov, YU.A.Florenskaya uning tarafdori edilar. Duduqlanish mexanizmlarini tushunishga nisbatan psihologik yondoshuv o'zining navbatdagi taraqqiyotini davom ettirdi.
3) Duduqlanish ruhiy jarohatlanishda atrof-muhit bilan bo'ladigan turli ziddiyatlar natijasida rivojlanuvchi g'ayrishuuriy ko'rinishdir. A.Adler, SHneyder bu

nazariya tarafdorlari edilar. Ularning fikriga ko'ra duduqlanish bir tomondan, shaxs atrofdagilar bilan muloqotda bo'lishining turlicha imkoniyatlaridan yiroqlashish xohishida, boshqa tomondan – atrofdagilarda bunday namoyishkorona xastalikka nisbatan hissiyot tuyg'ularini jumbushga keltirish istagida namoyon bo'ladi.

SHunday qilib, XIX asr oxiri – XX asr boshlarida duduqlanish bu murakkab psixofizik buzilishdir, degan fikrga kelina boshlandi. Ayrimlarning e'tirofiga ko'ra, uning asosida fiziologik harakterdagi buzilish yotadi, ruhiy jihatlar esa ikkilamchi xarakterga ega (A.Gutsman, 1879; A.Kussmaulь, 1878; I.A.Sikorskiy, 1889 va boshqalar). boshqalar ruhiy jihatlarni birlamchi, fiziologik ko'rinishlarni esa – ruhiy noto'kisliklarning oqibati, deb hisobladilar (Xr. Laguzen, 1838; A.Koen, 1878; Gr. Komenka, 1900; T.D.Netkachyov, 1913 va boshqalar). Duduqlanishni hatto ko'tilish nevrozi, qo'rquv nevrozi, noto'kislik nevrozi, bog'lanishsiz nevroz va boshqalar sifatida ko'rib chiqishga o'rinishlar ham bo'ldi. XX asrning 30- va keyingi 50-60- yillarida duduqlanish mexanizmini I.P.Pavlovning inson oliy nerv faoliyati va, qisman, nevroz mexanizmi haqidagi ta'limotlariga suyangan holda ko'rib chiqa boshlashdi. Bunda ayrim tadqiqotchilar duduqlanishni nevroz alomati tarzida (YU.A.Florenskaya, YU.A.Povorinskiy va boshq.), boshqalar – uning alohida formasi sifatida (V.A.Gilyarovskiy, M.B.Xvatsev, I.P.Povarnin, N.I.Jinkin, V.S.Kochergina va boshq.) talqin qildilar. Lekin ikkala holatda ham duduqlanish rivojlanishining bu murakkab va turlicha mexanizmlari nevroz mexanizmlari rivojlanishi uchun umuman yagonadir. Duduqlanish boshqa nevrozlar kabi qo'zg'alish, tormozlanish va patologik shartli refleksning shakllanish jarayonlaridagi zo'riqishni keltirib chiqaradigan turli sabablar natijasida paydo bo'ladi. Duduqlanish, bu – alomat ham, alomatlar yig'indisi ham emas, balki markaziy nerv sistemasining umuman xastalashuvidir.

E.S. Nikitina va M.F. Bruns duduqlanishni anotomik-fiziologik alomatga ko'ra ikki guruh bolalarga ajratishdi: 1) pallidar sindromli bolalar – psixo-fiziologik to'xtab qolish, siqilish, shaxsga oid buzilishlar, atrofdagilar bilan munosabatdagi buzilishlar ko'zga tashlanadi; bolalar g'amgin bo'lib qoladilar, o'yinlarda ishtirok etishmaydi; 2) eskirgan sindromli bolalar – ularga psixofizik to'xtab qolish, ruhiy asab buzilishlari xosdir. Bunda bolalar harakatchan, jonsarak, uzoq duduqlanmaydigan bo'ladilar, muomalaga oson kirishadilar.

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