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SPECIFICITY OF PEDAGOGICAL AND PSYCHOLOGICAL PREPARATION OF YOUNG PEOPLE FOR THE FAMILY

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Annotation: Currently, the number of family conflicts in society is increasing as one of the reasons for this can be cited as insufficient formation of the perception of youth about family life. This article outlines the problem of psychological preparation of young people for family life. The views of Eastern thinkers and modern approaches to the formation of perceptions of the family, as well as socio-psychological issues about the family, were discussed.

Keywords: Family, value, preparation for the family, totality, Family Psychology.

Today, 62% of the population of Uzbekistan is children teenagers, so young girls up to 30 years old, and a certain part of them are young families. Young families are important subjects of socio-political, economic, cultural and spiritual renewal and growth of society, play an important role in influencing the complex processes taking place in social life and bringing progress in motion. Therefore, at present, a deep and comprehensive analysis of the formation and development of the spiritual, moral and spiritual world of young families is of great scientific and practical importance. In this regard, the issues of the formation of strong families, social protection of motherhood and childhood, the creation of favorable conditions for the birth of children who are physically healthy, spiritual-strong in families, effectively creating strong cooperation between families and the public in the process of organizing family education are being paid attention at the level of Public Policy.

Psychologically, the preparation of young people for family life and the effective organization of activities have their influence on the positive solution of several social problems:

- Ensures the social spiritual development of society;
- plays an important role in the promotion of social economic development of society to a higher level;
- creates the basis for the formation of strong families, the decision-making of a healthy psychological environment in them, the effective organization of Family Education, the achievement of certain achievements in the upbringing of children, the Prevention of family conflict, quarrels.

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The so-called sacred space of the family, the strength of the "family castle" depends on the characteristics of the pre-marriage factors that are the foundation of this castle, to what extent they are correctly and firmly laid. If this foundation is mature, solid, the castle built on it is also beautiful, bright, it will give comfort, peace, peace and tranquility to those who live in it. your family also has its own foundations. They are the pre-marriage factors that underlie the emergence, construction of the same family. If there is no place for the influence of these factors of marriage on the occurrence of the family, if it is built hastily, empty, obliquely, the wall of the family building installed on it will also continue to be crooked and savings, and it runs the risk that one day this marriage will come and fall, and it will grow dull. Even if the castle built on such a foundation does not collapse, does not burst, it will not be able to give peace, peace, joy to those who live in it. They constantly have to live in some kind of anxiety, melancholy, discomfort, embarrassment.

So, what are these foundations that are the factors of pre-marriage? As we are talking about pre-marriage factors, it is worth noting that pre-marriage factors are a complex of multifaceted factors that embody many social, economic, biological, physiological, spiritual, moral and psychological factors that are most important for our days, which underlie the emergence of this or that marriage, and determine the "mature" of young people who are building a family, The most important thing here is that these young people can meet family life and marriage requirements in return.

The concept of maturity in marriage is also, in turn, an extremely complex and relative concept. Because a person is a creature that is constantly developing and improving, regularly reaching new heights in professional activity or spiritual and moral development. If a person is divided, which speaks of "full maturity" of this or that activity, then this means that he has reached a certain limit and cannot develop more. That is why the concept of "maturity" cannot be appropriate in a narrow sense when it comes to the maturity of a person to marriage or any activity. That is why, when talking about the "maturity" of a person, especially "maturity" for marriage, family life, this concept is used only as a standard, average norm, a certain conditional "unit of measure", indicators, etc., from which a certain whole is accepted.

And the question of a person's maturity in marriage and family life is an indicator that has an individual character that is extremely complex, cannot be measured by any strict norms. The same cited alone indicates that the factors of pre-marriage are problems that have a complex character. In the psychological literature devoted to the coverage of the social psychological problems of the Modern Family, different forms, manifestations of the factors of pre-marriage are distinguished. For example, when marriage is called maturity it is possible to distinguish between aspects of maturity of family-building youth such as: physical

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(physiological), sexual, legal, economic, spiritual and moral, psychological. Among these, legal, gender maturity indicators are characterized by the fact that they have sufficiently clear signs, signs, and there are aspects about which a lot of information is given in the relevant legal, medical, psychological literature, economic, spiritual moral, psychological aspects are somewhat more complex, have a strict indicator, borderline.

In conclusion, we can say that today in our country a lot of attention is paid to young people, their acquisition of knowledge and professional skills. But this alone is not enough for the future life of young people to be prosperous, but to give them extensive and sufficient information from psychological knowledge and concepts from the lessons of family life is becoming a requirement of the era. Because only in a family where a healthy psychological environment is decided can a future generation be brought up, which is harmonious and fit for the country. From this point of view, our focus on this issue has become a requirement of the era, which keeps its relevance in practical life experience.

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